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# Integral Facilitator® Certificate Program

Cultivate authentic presence, clear purpose and agile perspective taking.

Certified Integral Facilitators® are skilled facilitative leaders who impact the quality of groups, teams, communities and organizations by creating the conditions for deeper, more satisfying and more efficient engagement and collaboration.

## What will you experience?

In this developmentally-oriented, hands-on program, participants engage in facilitation practice, group exercises, meditation and reflection, journaling, and receive direct instruction from master facilitators. Frequent live demonstrations on working with conflict and complex group dynamics enable participants to “lift the veil” on group process and understand the subtleties of human interaction through the eyes of a master facilitator.



## What competencies will you develop?

- How to master personal awareness, stable embodied presence and multi-modal perspective taking,
- How to maintain a responsive command of group dynamics including shifting emotional states,
- How to create coherence and shared intention – including visions, goals and objectives,
- How to negotiate complex, entrenched conflicts,
- How to identify and transmute individual and group shadow,
- How to apply supportive and efficient structures and methods for organizing groups and group work.

## What is the structure of the 9-month program?

The 9-month program is built around three live, 5-day program intensives which take place at the beginning, middle, and end of the 9-month curriculum. In between live program intensives, participants are actively engaged in applied learning, practice and reflection in the style of distance learning. This includes: regular weekly and bi-weekly participation in online discussions, weekly small group project meetings, bi-weekly coaching calls, and monthly cohort community calls.

Visit [www.tendirections.com](http://www.tendirections.com) for more information and to apply.

