



Integral Facilitator[®]
Certificate Program

6-month Professional
Training Program



TEN DIRECTIONS



“Being in the Integral Facilitator Certificate program continuously fuels my inspiration and capacity of being in service to the miracle of coming together. Profound and practical, this program is simply amazing!”

Francois Beauregard
Leadership Consultant



The Integral Facilitator® Certification is a 6-month professional training program that combines masterful facilitation with leading insights from the fields of developmental psychology and Zen awareness together in an Integral approach.

Designed for leaders, facilitators, coaches, trainers and professionals working with groups, this training develops capacities and skills that transcend and include traditional facilitation and engagement competencies.



Cultivate authentic presence, clear purpose and agile perspective taking.

Certified Integral Facilitators® are skilled facilitative leaders who impact the quality of groups, teams, communities and organizations by creating the conditions for deeper, more satisfying and more efficient engagement and collaboration.

They have:

- Deep and stable presence,
- Access to greater consciousness and a wider range of perspectives,
- Facility for engaging cultural depth and diversity,
- Sensitivity and skill in working with multiple worldviews and personality styles,
- Precise and discerning use of awareness and attention to influence group dynamics,
- The ability to perceive and work with subtle dimensions of human interaction, polarity and group energy
- Fearlessness, responsiveness, and clarity of purpose.



PARTICIPANT AGE RANGE

27-75

PARTICIPANT NATIONALITIES

France Switzerland Norway
United States Colombia Germany Venezuela
China Sweden Brazil Holland
Belgium Ireland UAE Hungary Canada Australia
Scotland Denmark



What will you experience?

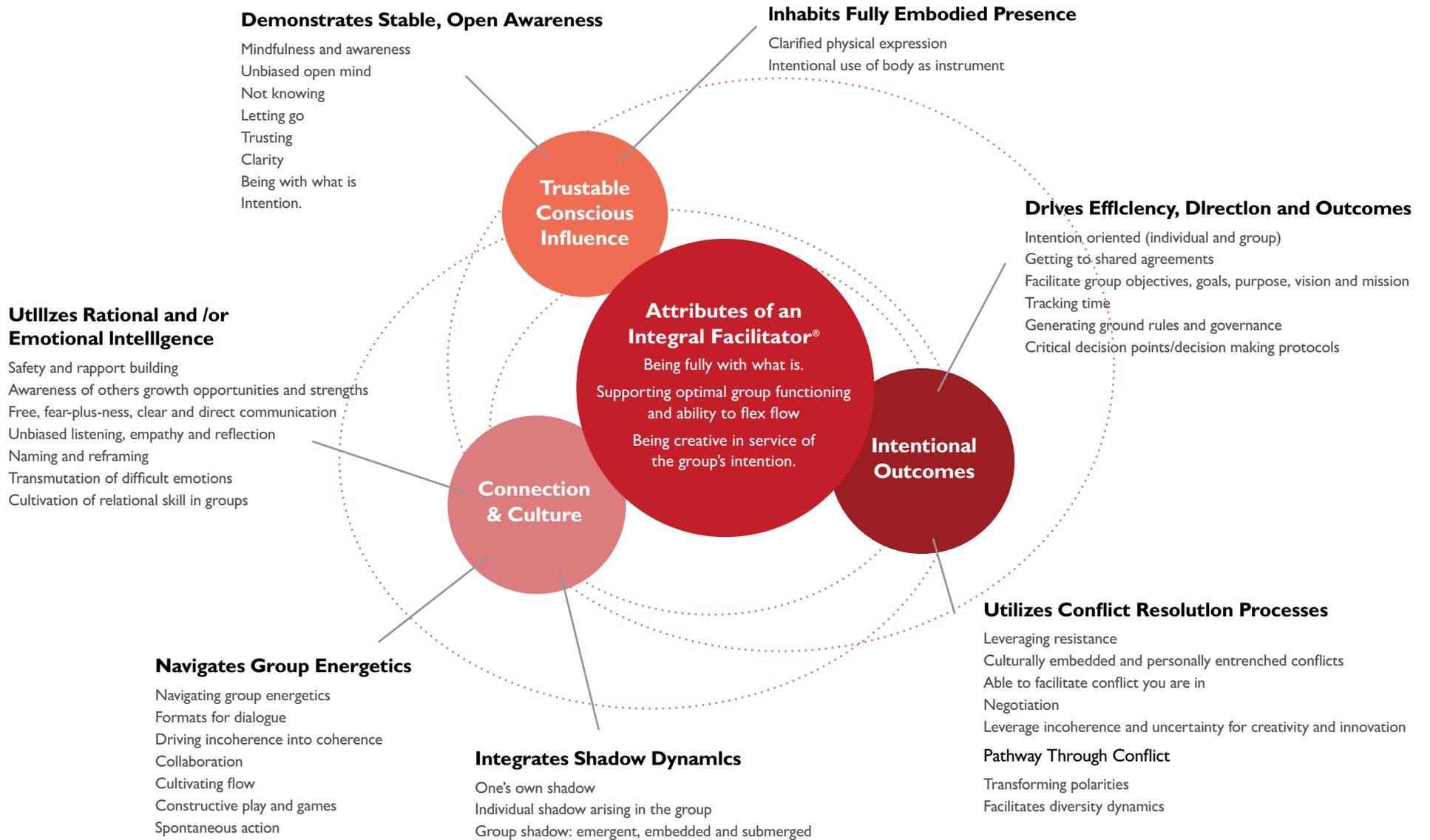
In this developmentally-oriented, hands-on program, participants engage in facilitation practice, group exercises, meditation and reflection, journaling, and receive direct instruction from master facilitators. Frequent live demonstrations on working with conflict and complex group dynamics enable participants to “lift the veil” on group process and understand the subtleties of human interaction through the eyes of a master facilitator.

PARTICIPANT INDUSTRIES

| | | | |
|------------------------|--------------------------------|--------------------------------------|--------------|
| Leadership Development | Coaching | Consulting | Facilitation |
| Higher Education | Mediation | Social Innovation & Entrepreneurship | Hospitality |
| Psychology | Project Management | Construction | Healthcare |
| Community Development | Agile Software / PM Consulting | Visual Facilitation | |

What competencies will you develop?

- How to master personal awareness, stable embodied presence and multi-modal perspective taking,
- How to maintain a responsive command of group dynamics including shifting emotional states,
- How to create coherence and shared intention – including visions, goals and objectives,
- How to negotiate complex, entrenched conflicts,
- How to identify and transmute individual and group shadow,
- How to apply supportive and efficient structures and methods for organizing groups and group work.



What is the structure of the 6-month program?

The 6-month program is built around three live, 5-day program intensives which take place at the beginning, middle, and end of the 6-month curriculum. In between live program intensives, participants are actively engaged in applied learning, practice and reflection in the style of distance learning. This includes: regular weekly and bi-weekly participation in online discussions, weekly small group project meetings, bi-weekly coaching calls, and monthly cohort community calls.

“The Integral Facilitator Certificate Program completely changes the game of facilitation. This training incorporates so many unique and powerful aspects that teaches the practitioner to work at entirely new levels: shifting from just simply facilitating a group, to being able to hold a greater space that allows for true transformation and evolution to occur.”

Krista Barbour
Leadership Consultant

Sample Schedule

SAMPLE RETREAT DAILY SCHEDULE

| | |
|---------------|--|
| 7:30 - 8:00 | Optional guided meditation (led by IF faculty) |
| 8:00 - 8:30 | Independent breakfast |
| 8:30 - 10:15 | Pathway Through Conflict teaching |
| 10:15 - 10:30 | Break (snacks and beverages provided) |
| 10:30 - 12:00 | Emotional States in Groups; working with grief, anger, confusion |
| 12:00 - 1:30 | Independent lunch |
| 1:30 - 2:45 | Facilitation demonstration |
| 2:45 - 3:00 | Break (snacks and beverages provided) |
| 3:00 - 4:00 | Embodied practice |
| 4:00 - 4:15 | Break |
| 4:15 - 5:30 | Flex flow facilitation practice & debrief |
| 5:30 - 7:00 | Independent dinner |
| 7:00 - 8:30 | Self as Instrument practice & coaching |

SAMPLE 5-DAY RETREAT CURRICULUM

Self as Instrument—Facilitation and Transformation
Developmental Stages in Individuals and Groups
Big Mind Voice Dialogue
Working with Emotional States
Intention & Purpose
Facilitator Skills Through an Integral Lens
Masculine & Feminine Polarity
Coaching Groups & Self as Instrument Practice Plan
Flex Flow Facilitation Practice
Skills Development: Listening, Clear Expression





How do I Apply?

Applicants need not be formal facilitators but are encouraged to have demonstrated facilitation / facilitative leadership experience up to advanced levels. Desired applicants demonstrate social skills, emotional intelligence, and take an active interest in their own ongoing learning and transformation. Applicants must have a defined area of application for their facilitation practice for the duration of the program. Applications will not be reviewed without receipt of Application deposit (applied toward program tuition).

To apply, please visit www.tendirections.com/integral-facilitator-certificate-program/

Program Requirements

- Participation in three 5-day face to face intensives/retreats.
- Participation in monthly all-community learning calls.
- Participation in regular peer learning pods.
- Regular engagement in IF Certification program online community.
- Self-directed small group learning projects undertaken between intensives.
- Completion of 12 hours of facilitation practice per month.
- Development of personal leadership & facilitation practice plan.
- Participation in bi-weekly coaching calls.

NEW: University Credit

Students in Meridian University degree programs are eligible to receive academic credit for participation in the Integral Facilitator Certificate Program.

- Integral MBA in Creative Enterprise
- M.A. in Psychology
- Ph.D. in Psychology (meets the educational requirements for psychologist licensure in California).
- M.Ed. in Educational Leadership
- Ed.D. in Organizational Leadership

Faculty



Diane Musho Hamilton
Co-founder, Lead Teacher



Rebecca Ejo Colwell
Co-founder,
Program Director



Rob McNamara
Faculty



Dr. Cindy Lou Golin
Faculty

2020 Program Tuition

Tuition: \$11,000

Payment plans can be arranged for a small administrative fee.



TEN DIRECTIONS

www.tendirections.com